Brain2 (B2)

Brain Tissue, Nuclei, Fluid & RAS - Fluid Dynamics and Fascia Release of the CNS

(Pre-requisites: Brain1)

Venue: Faculty of Physical Therapy, Saint Louis College, Sathorn, Bangkok, Thailand

Saturday 10th to Monday 12th May 2025 (3 days)

Day One (Time: AM & PM)

09:00 – 11.00	Introduction, teachers, students, teaching assistants, and facilitator. Teaching material
	Review of some Brain level 1 techniques
	Reticular formation (RF) / Reticular Alarm System (RAS): the median, medial and lateral column of the RF
11:00 - 10:15	Break
11:15 - 12:30	Ventricles of the brain: fluid assessment and treatment
	Corpus Callosum: assessment and treatment
12:30 - 02:00	Lunch
02:00 - 03:30	Anterior Commissure: assessment and treatment. The commissure of the Fornix.
03:30 - 03:45	Break / group discussion
03:45 - 05:30	Basal Nuclei / Internal Capsule: motor/coordination/balance assessment. Applications in motor deficit, fine motor skills

Day Two (Time: AM & PM)

09:00 - 11:00	Questions and answers
	Thalamus afferents, applications to physical body lesions
11:00 - 11:15	Break / group discussion
11:15 - 12:30	Release of the superior, middle, and inferior peduncles of the cerebellum: fascia and fluid approach
12:30 - 02:00	Lunch
02:00 – 03.00	Tissue trauma and hands-on downregulation of the RAS and clinical cases
03:00 - 03:30	RAS Clinical cases
03:30 - 03:45	Break / group discussion
03:45 - 05:30	Finding dominant lesions in the CNS: fascia and fluid approaches

Day Three (Time: AM & PM)

09:00 - 10:30	Questions and answers
	Release of Spinal Cord tensions: fascia and fluid approach
10:30 - 10:45	Break / group discussion
10:45 - 12:45	Caudal meningeal attachments of the spinal cord: Filum terminale internum and externum
12:45 - 02:00	Lunch
02:00 - 03:30	Cephalic meningeal attachments of the spinal cord: occipital and cervical dural attachments. Foramen Magnum fascial release
	Review / Take home Protocol / Final questions and answers